

## BIOGRAPHIES

CONFERENCE CHAIR: DR DAVID WHITEHEAD  
SEMINAR FACILITATOR: DR KEITH GRIMES  
SEMINAR FACILITATOR: PETER FARRIER FCCA



### **DR DAVID WHITEHEAD**

David qualified in London in 1980, then trained as a GP, in Plymouth. He became a partner in Storrington in 1988 and has been working his socks off, there, ever since. He had a brief respite, when he became Clinical Director at Coastal West Sussex CCG, but is now back at the Glebe Surgery. Because he's now quite old, he does have quite a few days off! He loves sailing, being a grandfather, and drinking good beer (though not all at the same time).



### **DR KEITH GRIMES**

Keith is a GP & Digital Health Consultant with a passion for Innovation and Technology. He has been involved in the creation and delivery of award-winning services such as **MyLittleOne**, a camera & tablet system for neonatal units, and the **Roving GP service** in Brighton & Hove. Current projects include '**See What I See**, an evaluation of the use of Google Glass for remote consultations, and "**PREVENT-ICU-Delirium**", a study on the use of Virtual Reality to reduce Post-Operative Delirium. He is the founder of **VR Doctors**, an online community dedicated to the exploration of Immersive Technology in Healthcare.



### **PETER FARRIER FCCA**

Since joining Morris Crocker in 2001 Pete has built up a wealth of experience within the healthcare sector of the firm, heading up the specialist team since 2012. His main focus and vast knowledge in Primary Care has enabled him to advise a considerable number of clients on various aspects of their businesses, from general day to day running of surgeries to large and complex mergers and creations of Federations. His confident and personable nature gives welcome reassurance to clients and helps put them at ease in their affairs.

Pete also heads up SMAS, an association of specialist medical accountants, solicitors and IFAs from around the country, whose knowledge share enables all members to be up to date with the ever changing nature of the NHS.

## **BIOGRAPHIES OF KEYNOTE SPEAKERS**



### **DR CHAAND NAGPAUL**

Dr Chaand Nagpaul is a GP and senior partner in his practice in Stanmore, North London where he has practised for 28 years.

He was elected as Chair of the British Medical Association Council in July 2017, and has been a BMA Council member since 2008. He is past chair of the British Medical Association GPs committee (GPC) from 2013 - 2017, having been a member of the GPC since 1996, and was a GPC negotiator between 2007 and 2013. As chair of GPC he promoted ways in which GPs could work in new collaborative ways and avail of newer technologies to best manage escalating workload.

He is a Fellow of the Royal College of General Practitioners.

Chaand was awarded a CBE in 2015 for his services to primary care.



### **PROFESSOR NIGEL SPARROW**

Nigel Sparrow is the Senior National GP Advisor and Responsible Officer at the Care Quality Commission. He is a Visiting Professor in General Practice at Lincoln University and he is chair of the Target Ovarian Cancer GP Advisory Board.

He was a GP in Nottingham for 30 years. Until 2015 he was also the Medical Director for Revalidation at the Royal College of General Practitioners (RCGP). He has been a GP appraiser and trainer. He was a deputy GP Dean in the East Midlands Deanery. He was a member of the Standing Commission on Carers for 7 years until November 2014. Nigel chaired the RCGP Professional Development Board between 2007 and 2013 during which time he led the development of the Continuing Professional Development strategy for GPs to support revalidation. He was vice chair of RCGP council between 2004 and 2007.

Nigel is a fellow of both the Royal College of Physicians and the Royal College of General Practitioners.

He was presented with the Foundation Council Award at the RCGP in 2014 and awarded Honorary Fellowship of the Faculty of Sexual and Reproductive Healthcare in 2016.

Nigel was awarded an OBE for services to primary care in the Queen's New Year Honours List for 2015.



## **PROFESSOR HELEN STOKES-LAMPARD**

Prof Helen Jayne Stokes-Lampard MBBS (Lon), FRCGP, PhD, DFSRH, DRCOG, LOC(IUS)

Twitter: @HelenRCGP

Helen Stokes-Lampard is Chair of the Royal College of General Practitioners (RCGP), the UK's largest Medical Royal College, representing over 52,000 family doctors across the UK. The Chair shapes policy and leads the strategy of the College, working with politicians, policy makers and the media to ensure that the 'voice' of general practice and GPs is understood and represented.

Helen was previously RCGP Honorary Treasurer (2012-16), the first female to hold this position. As Honorary Treasurer she had responsibility for all matters related to the College finances and assets including premises, IT and human resources.

She is a part-time GP partner at The Westgate Practice in Lichfield, Staffordshire, a friendly, dynamic group practice which she joined in 2002, having just completed her academic GP training in inner city Birmingham and at the Medical School in Birmingham University.

Prior to training as a GP, Helen worked in Obstetrics and Gynaecology for several years and this experience shaped her clinical and academic aspirations. She was a personal mentor for doctors in difficulty in the Midlands until 2016, a scheme supported by the West Midlands Deanery and RCGP Midland Faculty.

Helen was the Head of Primary Care Teaching (undergraduate) in the Medical School of the University of Birmingham until becoming RCGP Chair.

Her diverse research interests have spanned gynaecological cancer screening, all aspects of women's health, epidemiology and data linkage studies. The subject of her PhD was 'Variation in NHS Utilisation of Vault Cytology Tests in Women post-hysterectomy'.

She was Clinical Director of the accredited Primary Care Trials Unit at Birmingham until July 2012 when she resigned to allow her time to concentrate on her RCGP roles. She was also Head of the dynamic Academic GP Trainees programme at Birmingham (including MOD, NIHR and locally funded academic GP trainees). She ran an MSc module in Community Gynaecology and taught communication skills and ethics.

She is naturally enthusiastic and dynamic with a sense of humour and plenty of pragmatism.